



Weekly Recipes

December 28 - Jan3 , 2011



One Pot New Year's Day Meal

6 cups Shredded cabbage

1 Cup Shurfine Rice

1 Pound Ground Sirloin

1 (10 oz.) Shurfine Diced Tomatoes and Green Chilies

1 (14 ½- oz.) can Shurfine Beef Broth

1 (15 oz.) can Black Eyed Peas, rinsed and Drained

Shurfine Salt and Pepper to Taste

1. Preheat oven 350
2. In large oven-proof pot, layer cabbage, rice, meat (uncooked), tomatoes and green chilies, and beef broth
3. Cook covers, 1 hour 15 minutes, stirring after 40 minutes, until rice is tender and liquid absorbed. Stir in black eye peas and season to taste.